

Brunch

Yellowwave breakfast (Served until 1pm)	£11.00	Granola bowl (v)	£4.90
Free range scrambled eggs, two rashers of bacon, Cumberland sausage, Heinz baked beans, two slices of sourdough toast		Nutty granola with organic yogurt, fresh blueberries & honey	
Yellowwave veggie breakfast (Served until 1pm) (v)	£10.50	Bacon sandwich	£6.20
Free range scrambled eggs, two vegan sausages, Heinz baked beans, two slices of sourdough toast		Three rashers of bacon on buttered farmhouse loaf	
Scrambled eggs on toast (v)	£7.90	Sausage or vegan sausage* sandwich	£6.20
Free range scrambled eggs on toasted sourdough		Cumberland or vegan sausages (*ve) on buttered farmhouse loaf	
- Add avocado	£9.90	Smashed avocado on toast (ve)	£8.50
Cheesy beans on toast (v)	£5.90	Topped with cherry tomatoes, pickled red onions, seeds, olive oil, chilli flakes & micro rocket	
Heinz baked beans on sourdough topped with grated Cheddar		- Half portion (ve) (one slice of sourdough)	£5.50
Buttered sourdough toast (v)	£3.60	- Add scrambled egg (v)	+£2.00
With jam, marmalade or peanut butter			

Sandwiches & Wraps

Mozzarella & tomato open sandwich (v)	£7.90
Two slices of toasted sourdough with pesto, fresh basil & a drizzle of balsamic glaze	
Half Portion (v) (one slice of sourdough)	£4.90
Tuna mayo sandwich	£7.50
With sliced tomato & micro rocket on farmhouse loaf	
Chorizo, goat cheese and gherkin	£7.90
With mixed leaves on farmhouse loaf	
Falafel wrap (ve)	£7.50
With hummus, sweet chilli, mixed leaves, tomato & cucumber	
BLT	£7.50
Bacon, lettuce & tomato with mayo on farmhouse loaf	
- Add avocado	£8.90

Salads, Soups & Nachos

Homemade soup of the day (v)	£6.90
Served with sourdough toast	
Yellowwave buddha bowl (ve)	£9.50
Couscous, avocado, hummus, tomatoes, cucumber, mixed leaves, grated carrot, beetroot, roasted pepper, topped with seeds & balsamic glaze	
Harissa chickpea & feta salad (v)	£9.50
Chickpeas in harissa with tomatoes, cucumber, herbs, topped with feta, pickled red onion, tzatziki, a drizzle of vinaigrette served with artisan pitta bread	
Bean chilli (v)	£8.90
Homemade veggie bean chilli served with wholemeal rice and sour cream	
Nachos to share (v)	£9.50
Cheesy tortilla chips topped with salsa, sour cream, guacamole	
- Add homemade veggie bean chilli (v)	£11.00

Kids' Menu

Cheesy beans on toast (v)	£4.50	Pasta (v)	£4.90
Heinz baked beans on toast topped with grated Cheddar		Choose from tomato, pesto or plain served with grated cheese	
Sausage or vegan sausage (ve) & beans	£5.50	Kids' sandwich (v)	£4.90
Cumberland sausage & Heinz baked beans with a slice of toast		Choose from cheese, hummus, peanut butter or jam	
Scrambled eggs on toast (v)	£5.50	Kids' Nachos (v)	£4.00
Free range scrambled eggs on toast		Cheesy tortilla chips - add hummus, sour cream, salsa, guacamole - £1 each	
- Add avocado	£7.00	Pitta, veg sticks & hummus (v)	£4.50

Hot Drinks

Organic Red Roaster coffee

Cappuccino	£3.30
Latte	£3.30
Flat White	£3.20
Americano	£3.00
Mocha	£3.40
Chai Latte	£3.40
Hot Chocolate	£3.40
Add cream & marshmallows	£3.90
Double Espresso	£2.90
Tea (& Herbal teas)	£2.00
Iced Coffee	Small £3.30 Large £4.20
Babyccino	£0.80
Kids' Hot Chocolate	£2.30
Add cream & marshmallows	£2.90

SYRUPS: 30p

OAT & COCONUT MILK EXTRA 35p

Smoothies

Small: £3.50 Large: £5.50

Tropical

Passion fruit, mango, pineapple, AJ

Big 5

Mango, pineapple, strawberry, kiwi, AJ

Broccoli Boost

Broccoli, pineapple, banana, mango, cucumber, spinach, AJ

Strawberry Split

Strawberry, banana, AJ

Banana Berry

Blueberry, raspberry, banana, flaxseeds, AJ

Shakes

Small: £3.50 Large: £5.50

Add a protein boost: £2

Banana shake

Chocolate shake

Vanilla shake

Sunrise shake - Strawberry, banana, coconut milk & oats

Alcoholic Drinks

White Wine

House white: Garganega (Italy)

Clean and crisp dry white has aromas of pear and apple with citrus notes.

175ml* Bottle
£6.20 £25.00

Sauvignon Blanc (New Zealand)

Aromatic, fresh, modern Marlborough classic.

£7.50 £30.00

Rose Wine

Pinot Grigio, Rose, (Romania)

Dry but packed with fresh strawberry and raspberry fruits.

£6.80 £27.00

Red Wine

Malbec (South Africa)

A gentle red with berry fruits, nicely balanced by fresh acidity.

£6.80 £27.00

Sparkling

Elegant and classy, with notions of citrus fruits and honeysuckle. Soft, easy drinking.

£30.00

Miniature Prosecco

£8.50

Craft Beer on Tap (Lost Pier)

	Half	Pint
Yellowwave Sunsetter Lager	£3.70	£6.50
Beach Session IPA	£3.70	£6.50
Paddle Boarder Pale Ale	£3.70	£6.50
Guest Beer	£3.80	£6.90

Bottled Beer

Corona	(330ml)	£4.90
Peroni	(330ml)	£4.90
Lost Pier (Can)	(330ml)	£5.20
Brooklyn (0.4% alc)	(330ml)	£4.20
Maisel Weisse (0.5% alc)	(500ml)	£4.60

Brighton Gin

Specialty G&T, ask for flavours

£6.80

Guest Bottled Cider

(500ml) £6.50

*125ml available

Some of our foods contain allergens. Please speak to a member of staff for more information.